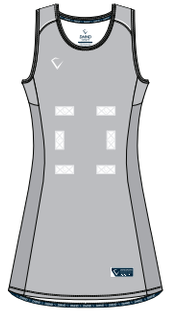
DMND SPORTS
WHERE PROGRESSION LIVES

NETBALL
SIZE GUIDE

PREMIER LADIES MATCH DRESS - PATTERN A

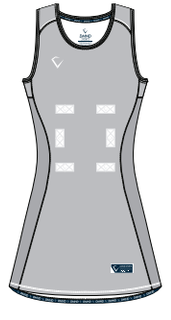
SIZES IN CM



	YOUTH					LADIES											UNISEX								
SIZE (CM)	**6Y**	**8Y**	**10Y**	**12Y**	**14Y**	**6**	**8**	**10**	**12**	**14**	**16**	**18**	**20**	**22**	**24**	**26**	**28**	**XS**	**S**	**M**	**L**	**XL**	**2XL**	**3XL**	**4XL**	**5XL**
Centre Back Length	60	63	68	71	75	75.5	78.5	80	82.5	84	86	88	89	91	94	95	97									
Half Chest	31	32.5	34.5	36	37.5	38	40	41.5	43.5	45	47	49	52.5	55.5	58.5	61.5	64.5									
Half Hem	53	55	56.5	58.5	60	61.5	63.5	65.5	67	69	71	73	76	79	82	85	88									
Half Waist	28	29.5	31.5	33	34.5	37	39	40.5	42.5	44	46	48	52	55	58	61	64									

PREMIER LADIES MATCH DRESS - PATTERN B

SIZES IN CM



	YOUTH					LADIES											UNISEX								
SIZE (CM)	**6Y**	**8Y**	**10Y**	**12Y**	**14Y**	**6**	**8**	**10**	**12**	**14**	**16**	**18**	**20**	**22**	**24**	**26**	**28**	**XS**	**S**	**M**	**L**	**XL**	**2XL**	**3XL**	**4XL**	**5XL**
Centre Back Length	63	66	71	74	78	80	82	84	86.5	88	90	92	93	95	97	99										
Half Chest	31	32.5	34.5	36	37.5	38.5	40.5	42.5	44.5	46.5	48.5	50.5	52.5	55.5	58.5	61.5										
Half Hem	42	43.5	45.5	47	48	49	51	53	55	57	59	61	63	66	69	72										
Half Waist	28	29.5	31.5	33	34.5	32	34	36	38	40	42	44	46	49	52	55										

PREMIER LADIES TRACK JACKET

SIZES IN CM

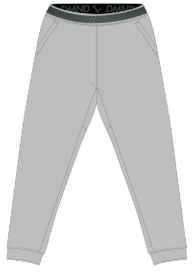
	YOUTH					LADIES											UNISEX								
SIZE (CM)	**6Y**	**8Y**	**10Y**	**12Y**	**14Y**	**6**	**8**	**10**	**12**	**14**	**16**	**18**	**20**	**22**	**24**	**26**	**28**	**XS**	**S**	**M**	**L**	**XL**	**2XL**	**3XL**	**4XL**	**5XL**
Front Length	51.5	55.5	58.5	61.5	64.5		62.5	64.5	66.5	68.5	70.5	72.5	74.5	76.5	78.5	80.5										
Half Chest	34.5	37.5	40.5	43.5	46.5		44.5	46.5	48.5	50.5	52.5	54.5	56.5	58.5	60.5	62.5										
Half Waist	30.5	33.5	36.5	39.5	42.5		37.5	39.5	41.5	43.5	45.5	47.5	49.5	51.5	53.5	55.5										
Half Hem	37.5	40.5	43.5	46.5	49.5		47.5	49.5	51.5	53.5	55.5	57.5	59.5	61.5	63.5	65.5										

DMND SPORTS
WHERE PROGRESSION LIVES

NETBALL
SIZE GUIDE

PREMIER UNISEX TRACK PANTS

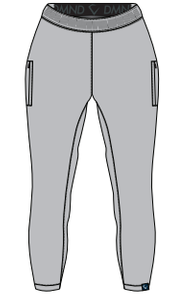
SIZES IN CM



	YOUTH					LADIES											UNISEX								
SIZE (CM)	**6Y**	**8Y**	**10Y**	**12Y**	**14Y**	**6**	**8**	**10**	**12**	**14**	**16**	**18**	**20**	**22**	**24**	**26**	**28**	**XS**	**S**	**M**	**L**	**XL**	**2XL**	**3XL**	**4XL**	**5XL**
Outside Length	72	78	84	90	96													97	99	101	103	105	107	109	111	113
Half Hip	45	47	49	51	53													53	55	57	59	61	63	65	67	69
Half Thigh	29.5	30.5	31.5	32.5	33.5													33.5	34.5	35.5	36.5	37.5	38.5	39.5	40.5	41.5
Half Waist	27	29	31	33	35													36	38	40	42	43.5	45	46.5	48	49.5

PREMIER LADIES 3/4 LENGTH TRACK PANTS

SIZES IN CM



	YOUTH					LADIES											UNISEX								
SIZE (CM)	**6Y**	**8Y**	**10Y**	**12Y**	**14Y**	**6**	**8**	**10**	**12**	**14**	**16**	**18**	**20**	**22**	**24**	**26**	**28**	**XS**	**S**	**M**	**L**	**XL**	**2XL**	**3XL**	**4XL**	**5XL**
Outside Length	67	73	79	85	89		87	89	91	93	95	97	99	101	103	105										
Half Hip	38	41	44	47	50		48	50	52	54	56	58	60	62	64	66										
Half Thigh	25.5	27	28.5	30	31.5		31	32	33	34	35	36	37	38	39	40										
Half Waist	26	28	30	32	34		32	34	36	38	40	42	44	46	48	50										

PREMIER LADIES ZIP HOODIE

SIZES IN CM

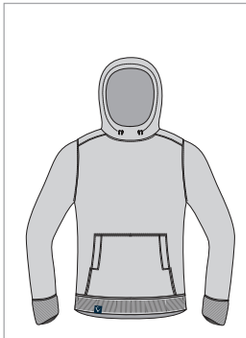
	YOUTH					LADIES											UNISEX								
SIZE (CM)	**6Y**	**8Y**	**10Y**	**12Y**	**14Y**	**6**	**8**	**10**	**12**	**14**	**16**	**18**	**20**	**22**	**24**	**26**	**28**	**XS**	**S**	**M**	**L**	**XL**	**2XL**	**3XL**	**4XL**	**5XL**
Half Chest	35	38	41	44	47	43	45	47	49	51	53	55	57	59												
Front Length	50	54	57	60	63	59	61	63	65	67	69	71	73	75												
Centre Back Length	52.5	56.5	59.5	62.5	65.5	61.5	63.5	65.5	67.5	69.5	71.5	73.5	75.5	77.5												
Half Waist	29.5	32.5	35.5	38.5	41.5	37.5	39.5	41.5	43.5	45.5	47.5	49.5	51.5	53.5												

DMND SPORTS
WHERE PROGRESSION LIVES

NETBALL
SIZE GUIDE

PREMIER LADIES PULLOVER HOODIE

SIZES IN CM



	YOUTH					LADIES											UNISEX								
SIZE (CM)	6Y	8Y	10Y	12Y	14Y	6	8	10	12	14	16	18	20	22	24	26	28	XS	S	M	L	XL	2XL	3XL	4XL	5XL
Front Length	51.5	55.5	58.5	61.5	64.5		62.5	64.5	66.5	68.5	70.5	72.5	74.5	76.5	78.5	80.5										
Half Chest	36.5	39.5	42.5	45.5	48.5		46.5	48.5	50.5	52.5	54.5	56.5	58.5	60.5	62.5	64.5										
Half Hem	31	34	37	40	43		41	43	45	47	49	51	53	55	57	59										

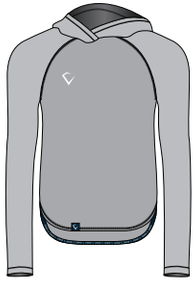
PREMIER LADIES SPORTS BRA

SIZES IN CM

	YOUTH					LADIES											UNISEX								
SIZE (CM)	6Y	8Y	10Y	12Y	14Y	6	8	10	12	14	16	18	20	22	24	26	28	XS	S	M	L	XL	2XL	3XL	4XL	5XL
Front Length																		27.6	28.3	29	29.7	30.4	31.1	31.8		
Half Chest																		34	36	38	40	42	44	46		
Half Hem																		28.5	30.5	32.5	34.5	36.5	38.5	40.5		

PREMIER LADIES MID LAYER HOODIE

SIZES IN CM



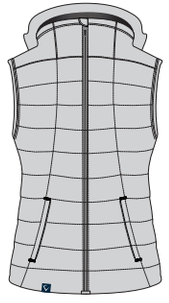
	YOUTH					LADIES											UNISEX								
SIZE (CM)	6Y	8Y	10Y	12Y	14Y	6	8	10	12	14	16	18	20	22	24	26	28	XS	S	M	L	XL	2XL	3XL	4XL	5XL
Front Length	48	52	55	58	61		59	61	63	65	67	69	71	73	75	77										
Half Chest	38.5	41.5	44.5	47.5	50.5		48.5	50.5	52.5	54.5	56.5	58.5	60.5	62.5	64.5	66.5										
Half Hem	38	41	44	47	50		48	50	52	54	56	58	60	62	64	66										
Half Waist	35.5	38.5	41.5	44.5	47.5		44	46	48	50	52	54	56	58	60	62										

DMND SPORTS
WHERE PROGRESSION LIVES

NETBALL
SIZE GUIDE

ELITE / PREMIER LADIES PUFFER VEST

SIZES IN CM



	YOUTH					LADIES											UNISEX								
SIZE (CM)	6Y	8Y	10Y	12Y	14Y	6	8	10	12	14	16	18	20	22	24	26	28	XS	S	M	L	XL	2XL	3XL	4XL	5XL
Front Length	52	56	59	63	65		63	65	67	69	71	73	75	77	79	81										
Half Chest	39	41.5	44	46.5	49		47	49	51	53	55	57	59	61	63	65										
Half Waist	36	38.5	41	43.5	46		44	46	48	50	52	54	56	58	60	62										
Half Hem	44	46.5	49	51.5	54		52	54	56	58	60	62	64	66	68	70										

PREMIER MENS / LADIES POLO SHIRT

SIZES IN CM

	YOUTH					LADIES											UNISEX								
SIZE (CM)	6Y	8Y	10Y	12Y	14Y	6	8	10	12	14	16	18	20	22	24	26	28	XS	S	M	L	XL	2XL	3XL	4XL	5XL
Half Chest	38	40	42	44	46		45.5	48	50.5	53	55.5	58	60.5	63	65.5			50	52	54	56	59	62	65	69	73
Half Hem	38	40	42	44	46		48	50.5	53	55.5	58	60.5	63	65.5	68			49	51	53	55	58	61	64	68	72
Center Back	52	55	58	61	64		62	64	66	68	70	72	74	76	78											
Half Waist							41.5	44	46.5	49	50.5	53	55.5	58	60.5											

PREMIER LADIES MID LENGTH JUMPER

SIZES IN CM

	YOUTH					LADIES											UNISEX								
SIZE (CM)	6Y	8Y	10Y	12Y	14Y	6	8	10	12	14	16	18	20	22	24	26	28	XS	S	M	L	XL	2XL	3XL	4XL	5XL
Front Length	43	45.5	48	50.5	53		51	53	55	57	59	61	63	65	67	69										
Half Chest	39.5	42.5	45.5	48.5	51.5		49.5	51.5	53.5	55.5	57.5	59.5	61.5	63.5	65.5	67.5										
Half Hem	38.5	41.5	44.5	47.5	50.5		48.5	50.5	52.5	54.5	56.5	58.5	60.5	62.5	64.5	66.5										

DMND SPORTS
WHERE PROGRESSION LIVES

NETBALL
SIZE GUIDE

PREMIER LADIES WARMUP SINGLET

SIZES IN CM

	YOUTH					LADIES											UNISEX								
SIZE (CM)	6Y	8Y	10Y	12Y	14Y	6	8	10	12	14	16	18	20	22	24	26	28	XS	S	M	L	XL	2XL	3XL	4XL	5XL
Front Length	52.5	56.5	60.5	63.5	66.5		64.5	66.5	68.5	70.5	72.5	74.5	76.5	77.5	78.5	79.5										
Half Chest	32	35.5	37	39.5	42		40	42	44	46	48	50	52	54	56	58										
Half Waist	29	31.5	34	36.5	39		37	39	41	43	45	47	49	51	53	55										
Half Hem	37	39.5	42	44.5	47		47	49	51	53	55	57	59	61	63	65										

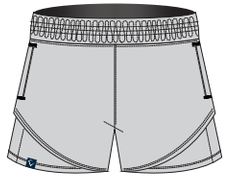
PREMIER MENS / LADIES WARMUP TEE

SIZES IN CM

	YOUTH					LADIES											UNISEX								
SIZE (CM)	6Y	8Y	10Y	12Y	14Y	6	8	10	12	14	16	18	20	22	24	26	28	XS	S	M	L	XL	2XL	3XL	4XL	5XL
Front Length	52	55	58	61	64		64	66	68	70	72	74	76	78				71	73	75	77	79	81	83	85	87
Half Chest	35	37.5	40	42.5	45		43	45.5	48	50.5	53	55.5	58	60.5				47	49	51	54	57	60	63	66	69
Half Waist							34	36.5	39	41.5	44	46.5	49	51.5				47	49	51	54	57	60	63	66	69
Half Hem	35	37.5	40	42.5	45		43	45.5	48	50.5	53	55.5	58	60.5												

PREMIER LADIES FITNESS SHORTS

SIZES IN CM



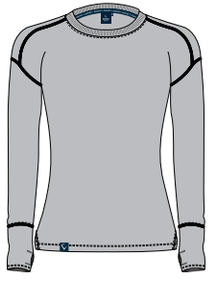
	YOUTH					LADIES											UNISEX								
SIZE (CM)	6Y	8Y	10Y	12Y	14Y	6	8	10	12	14	16	18	20	22	24	26	28	XS	S	M	L	XL	2XL	3XL	4XL	5XL
Half Waist	23.5	26	28.5	31	33.5		31.5	33.5	35.5	37.5	39.5	41.5	43.5	45.5	47.5	49.5										
Half Hip	40	42.5	46	48.5	51		49	51	53	55	57	59	61	63	65	67										
Outside Length	29.5	30.5	31.5	32.5	33.5		32.5	33.5	34.5	35.5	36.5	37.5	38.5	39.5	40.5	41.5										

DMND SPORTS
WHERE PROGRESSION LIVES

NETBALL
SIZE GUIDE

PREMIER LADIES LONG SLEEVE TRAINING TEE

SIZES IN CM



	YOUTH					LADIES											UNISEX								
SIZE (CM)	6Y	8Y	10Y	12Y	14Y	6	8	10	12	14	16	18	20	22	24	26	28	XS	S	M	L	XL	2XL	3XL	4XL	5XL
Front Length	48	52	56	59	62		60	62	64	66	68	70	72	74	76	78										
Half Chest	40	43	46	49	52		50	52	54	56	58	60	62	64	66	68										
Half Hem	37	40	43	46	49		47	49	51	53	55	57	59	61	63	65										

PREMIER LADIES LEGGINGS

SIZES IN CM

	YOUTH					LADIES											UNISEX								
SIZE (CM)	6Y	8Y	10Y	12Y	14Y	6	8	10	12	14	16	18	20	22	24	26	28	XS	S	M	L	XL	2XL	3XL	4XL	5XL
Outside Length	69	74	79	83	87		85	87	89	91	93	95	97	99	101	103										
Half Hip	25	27	29	31	33		31	33	35	37	39	41	43	45	47	49										
Half Thigh	19	20	21	22	23		22	23	24	25	26	27	28	29	30	31										
Half Waist	23	25	27	29	31		29	31	33	35	37	39	41	43	45	47										

PREMIER LADIES BIKE PANTS

SIZES IN CM

	YOUTH					LADIES											UNISEX								
SIZE (CM)	6Y	8Y	10Y	12Y	14Y	6	8	10	12	14	16	18	20	22	24	26	28	XS	S	M	L	XL	2XL	3XL	4XL	5XL
Half Waist	24	26.5	29	31.5	34		32	34	36	38	40	42	44	46	48	50										
Half Hip	29	31.5	34	36.5	39		37	39	41	43	45	47	49	51	53	55										
Outside Length	21	22.5	24	25.5	27		26	27	28	29	30	31	32	33	34	35										